



COURSE OVERVIEW

Bad Check

✓ Available in workbook

ITEM # W 120



COURSE DESCRIPTION

Writing bad checks is a symptom of deeper problems. The objective of this course is to challenge the faulty thinking errors behind passing bad checks.

Some bad checks happen because of mistakes and bad accounting practices, while others were written on purpose. Regardless, there are many opportunities to catch this behavior before it gets into the criminal justice system. Most bad checks are written because of moral turpitude—on purpose. Often, people who pass bad checks confuse wants and needs and choose to live beyond their means. Mix in denial, drugs, procrastination, and rationalization, and you have a recipe for theft.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Overcoming self-deception
- Positive decision-making skills
- Personal responsibility



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a peer or mentor
- **Group**—To be completed in a group setting with a facilitator
- **Hybrid**—A combination of self-directed learning and group instruction



COURSE INFORMATION

Course Format: Printed Workbook
 Scientific Model: Cognitive Restructuring
 Author and Publisher: ACCI Lifeskills

Item Number: W 120
 Workbook Pages: 48
 Course Length: ~8 hours



COURSE CONTENT

UNIT 1: BAD CHECKS

A check is a promissory note to pay later.

UNIT 2: CRIME AND LAWS

A society without laws is not a society.

UNIT 3: VALUES AND BEHAVIOR

We can choose to do wrong, but cannot choose the consequences.

UNIT 4: DEBT

The chief reasons for debt are values, attitude, and behavior.

UNIT 5: MONEY MANAGEMENT

Debt is a major source of marital discord.

UNIT 6: SKILLS FOR LIFE

Time-tested skills to improve the quality of life.

UNIT 7: COGNITIVE SKILLS

What we think, we get.

UNIT 8: CLOSURE

There are no shortcuts; it all starts with self-awareness.



CRIMINOGENIC NEEDS MET

1. Antisocial cognitions
2. Antisocial personalities
3. Employment



LEARNING ACTIVITIES

- Self-assessments
- Scenario-based learning
- Application and skill building
- Self-reflection
- Role playing
- Discussion with coach
- Focused journaling
- Knowledge check